

Annual Report

2023 - 2024



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A word from our Chair



Professor Mike Holmes

Chair - Nimbuscare

Partner | Haxby Group (York, Hull, Scarborough)

Chair | Trustee Board, Royal College of General Practitioners

Honorary Professor | Dept of Health Sciences, University of York

We find ourselves at the end of another successful year for Nimbuscare. However this year has been a period of transition on a number of fronts.

In October of 2023 we said goodbye to our Chief Executive Maddy Ruff - after a long career in the NHS and an incredibly successful time with Nimbuscare she took her well-earned retirement. She left the organisation in a strong position and, whilst we miss her, we have been able to build our teams and continue on a really positive trajectory. We have welcomed a number of key individuals to the organisation – Emma Bravery has joined us as our Chief Operating Officer and has contributed hugely to our development - her can do approach has been pivotal as we have developed and delivered service often with very little notice. We also welcomed two Executive Directors -Dr. Emma Olandi focusing on Community Care and Dr. Tori Blake on Urgent Care.

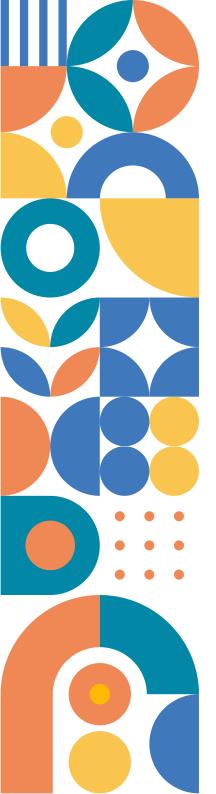
The teams within the organisation have expanded as we brought the York Integrated Care Team into the organisation in the summer of 2023 as well as developing our

role in the areas of urgent care and community diagnostics. Our Senior Leadership Team have grown from strength to strength supporting us to become a well organised, agile and, I would say, reliable organisation.

The whole health and social care environment has felt challenging no matter which angle you view it from. General Practice is under enormous pressure and I see a huge amount of work going on across York with the aim of delivering care in the best possible way, despite the challenges. However, this is also true across all sectors. We have entered into a new era of Integrated Care where partnerships and collaboration are the key to service delivery, improvement and innovation. Nimbuscare has been a strong contributor in this space. We recognise the work done by NHSE colleagues as they get to grips with a new way of working - we feel their challenge and welcome their support.

Towards the end of 2023 we have become an integral part of the urgent care service providing overnight care in partnership





A word from our Chair

with existing providers as well as delivering additional urgent care hubs adding much needed resilience during the very busy winter months. This has culminated in us being awarded a contract for delivery of GP Out of Hours and urgent care across York, Selby, Ryedale, Scarborough, and Whitby working in close collaboration with Acute Trust Partners. This is an exciting development for us, and we look forward to making it a success. Our partnership with York and Scarborough Acute Trust is apparent in other areas too, not least as we work together on the Community Diagnostic Centre that will open at Askham Bar in April 2024 - we are delighted to continue our relationship with Askham Bar - it has been an important site in our story.

We are also working in partnership with others as part of our Frailty service and look forward to watching this develop over the next 12 months and beyond. We feel we can add so much value for patients in the community care space and are genuinely excited by what could be possible.

It has been a year of transition perhaps from a GP-led provider delivering mass vaccinations to a multi-faceted integrated care provider? But no doubt a successful year in a difficult context. I suspect as we move through 2024 and into 2025 the environment will not get any easier, but we feel equipped to support patients through this time and contribute to the way the system evolves. None of this could be possible without the support of the 11 General Practices in the city. They must be commended on the work they do, and we are grateful for their leadership in supporting Nimbuscare to deliver services with an authentic primary care ethos. I'm looking forward to the forthcoming year and reporting back on more success in 12 months' time.

Professor Mike Holmes Chair, Nimbuscare

A word from our Board

2023/24 sees Nimbuscare significantly increase the services we offer to patients and the support we offer to partner organisations and to our practices.

We have taken on a new role helping patients with urgent medical needs with a telephone service connected with urgent treatment centres in York, Selby, Malton, Scarborough and Whitby.

In partnership with York & Scarborough Teaching Hospitals NHS Foundation Trust, we are involved in the launch of the Community Diagnostics Centre at Askham Bar. We will be providing blood taking, breathing tests and heart tracings in this new setting much closer to our hospital colleagues with additional benefits for our patients.

We are working closely with the hospital community teams to provide more seamless and better tailored care for elderly patients supporting people to avoid hospital admission when this is what is best for them and to facilitate earlier, safer discharges from hospital.

There's lots to do and we are so grateful for the many people who are working so hard in all of these new areas and keeping the other services we offer going as well.



Dr. Daniel KimberlingMedical Director & Director of Clinical Service Delivery



Dr. Emma OlandjDirector of Community Care

This has been an eventful year on behalf of Community Services at Nimbuscare. The York Integrated Community Team (YICT) joined Nimbuscare in July 2023. This multidisciplinary team comprised of: frailty nurses, health support workers, occupational therapists, physiotherapists, social prescribers and elements of voluntary sector teams, work together to case manage and support patients that are frail and vulnerable. The team continues to integrate with other providers to provide as rounded holistic approach as possible for York frail patients, for example the integration with memory support advisors from Dementia Forward and the offering of a community-based dietetics service. This team also developed a discharge support arm to expedite discharges for frail patients from hospital to help prevent delays.

We know that integrated intermediate care services provide patients with better health and social care journeys and better outcomes. This year has seen the successful introduction of the Frailty Crisis Hub. This new integrated service was set up as an alternative to 999 for vulnerable adults in York. Social Care, the Community Response Team, key teams from the Voluntary Sector, YICT, a team of paramedics and GPs with an Extended Role in Frailty working together to provide advice to providers and a coordinated emergency response for patients in times of crisis to help prevent unnecessary admissions and keep people in their usual place of residence whenever possible.



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A word from our Board



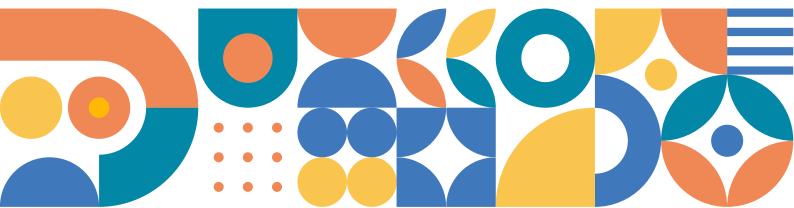
Director of Commercial & Business Development

Nimbuscare has advanced the mission to provide integrated healthcare services within the community. Over the past year, we have successfully transitioned from a historical vaccination delivery business model to securing multiple contracts supporting community based healthcare provision. Notably, contracts for Out of Hours and Community Diagnostics have been secured and swiftly mobilised, marking a substantial stride towards realising Nimbuscare's strategic objectives.

A pivotal achievement has been the seamless integration of the York Integrated Care Team into the fabric of Nimbuscare. With their relocation to Acomb Garth, now established as the team's permanent headquarters, we've fortified our commitment to delivering improved services to our patients in our community. Acomb Garth stands as a symbol of our dedication to integrated care services, housing all facets of our health system under one roof. This proximity not only fosters collaboration but also offers a tangible glimpse into the transformative potential of our approach to service delivery.

These milestones herald a new era for Nimbuscare, one characterised by innovation and collaboration. Our shift towards integrated services delivery necessitated a reimagining of organisational structures to accommodate the onboarding and development of these critical services. Working in tandem with stakeholders including General Practice, Hospital Trust, Local authority, YAS, and the Voluntary sector, we are pioneering new models of care delivery at scale and in the community.

In the face of significant fiscal pressures within the public sector, Nimbuscare remains steadfast in our commitment to finding innovative solutions. Rather than resorting to simple cost-cutting measures, we embrace these challenges as opportunities to think differently and work collaboratively across the system. With the collective expertise and dedication of our colleagues, we are digging deep to uncover solutions that not only shield our patients and colleagues from the challenges we face but also elevate the standard of care across the board.

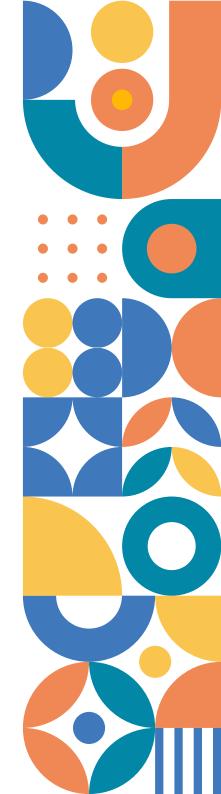


Who we are...

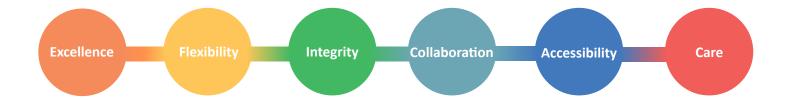
We are a not-for-profit healthcare provider with shareholders from across all 11 City of York GP Practices. We deliver high quality community-based services throughout the Vale of York and beyond.

Our Objectives

- To develop a robust organisation. To be a trusted partner within the ICS and locally providing a strong identity and reputation for delivery.
- To develop and add to the services we provide in primary care and out of hospital with a focus on supporting improved patient access and co-ordination of care.
- ★ To enable working in partnership across the system to share best practice and knowledge, to allow better integrated delivery of care to our population and to create best value/efficient use of resources.
- To support and sustain high quality general practice as the building blocks of primary care. Champion primary care-led design and delivery of wider integrated models of care.
- To engender innovation and new ways of working, to build on the understanding of local population need ensuring the delivery of patient-centered care.
- To provide a cohesive and representative structure based in the community both providing services and influencing the future design of the health and social care system.
- To allow delivery of primary care services across a wider population in a joined up, consistent and accessible way for the benefit of patients.



Our Values



We aim for the highest standards in care

We are dedicated to delivering excellence in service provision for patients. We aim to deliver care with kindness and compassion. We will do this by fostering an environment of open-mindedness, support, and responsiveness towards our patients, staff and partners.

We are open minded and adaptable

We openly welcome change as a means of enhancing access to healthcare. We value individual differences in patient care and actively encourage innovation and evolution. Our adaptability allows us to respond flexibly to patient needs. We are open listeners and welcome patient feedback and partner collaboration.

We are honest and transparent

We work to be a trusted healthcare provider and partner in the delivery of services for the community. We make valuable and efficient use of resources to offer high quality services and aim to exceed the expectations of patients in the experience of their healthcare journey. We listen, empathize, and guide patients in their healthcare journey with honesty, transparency and professionalism.

We believe in a sense of community

Our strong motivation to help people and our dedication to community well-being and sustainability brings us together as a team. We seek to be a welcoming community offering a sense of belonging and support. We are committed to building solid connections with local partners and to promoting integrated care.

We are close to you

We want every person to be able to access health care close to them. We aspire to be helpful, responsive and are motivated to break down barriers to ensure everyone can reach the care they need. We try to create an environment where every individual feels welcome, understood and safe.

We are committed to care

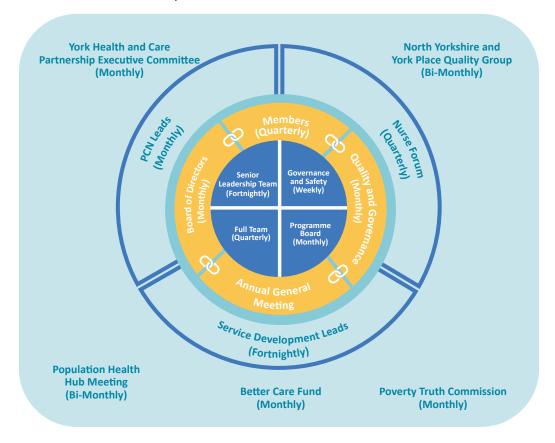
We keep our commitment to patients' wellbeing at heart. We are driven by a desire to make a difference in healthcare access and are dedicated with kindness and compassion to every person's health.

Our Governance and System Integration

At Nimbuscare we adopt a robust governance system.

Our Board of Directors, Members Committee, Annual General Meeting and Quality and Governance Committee provide different layers of checks and assurances for our organisation. This is fundamental to ensure the delivery of the high standard of care we endeavour to deliver. Nimbuscare is well placed in the health and care system with close links to our Member Practices through the Primary Care Network Leads, Nurse Forum and Service Development Leads – there is regular communication and collaboration throughout these forums.

Nimbuscare is also represented at key meetings across the locality supporting full integration and collaboration within the health and care system.

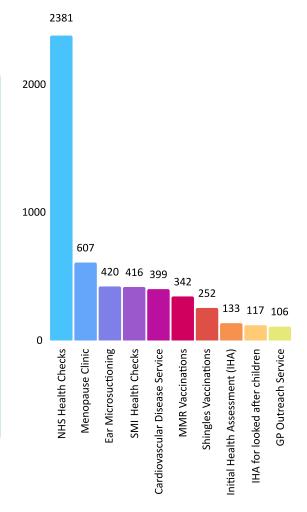


Our Services

Working in collaboration with colleagues across our local healthcare system and also key stakeholders within the City and across the Vale of York, we have been able to provide patients with a variety of services, reducing the pressures on GP Practices and the Hospital whist improving accessibility for patients.

Below is an overview of services provided in 2023-24:

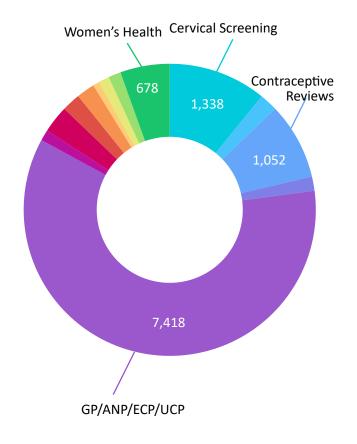
Service	Appointments
NHS Health Checks	2381
Menopause Clinic	607
Ear Microsuctioning	420
Severe Mental Illness Health Checks	416
Cardiovascular Disease Service	399
MMR Vaccinations	342
Shingles Vaccinations	252
Initial Health Assessment (IHA)	133
IHA for Looked After Children	117
GP Outreach Service	106
Covid Oximetry at Home	17 pts
Waiting Well	508 letters shared



Our Services

EXTENDED ACCESS

Service	Appointments
GP/ANP/ECP/UCP	7,418
Cervical Screening	1,338
Contraceptive Reviews	1,052
Women's Health	678
LTC Reviews	374
Menopause	254
MSK Clinic	251
Childhood Imms	248
Diabetic Reviews	195
Travel Vaccinations	170
Joint Injections	149
Spirometry	148
Pneumococcal	87
TOTAL	12,362





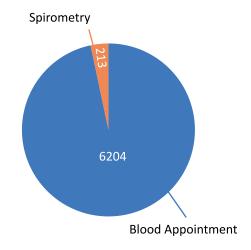
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How we did it together

Our Services

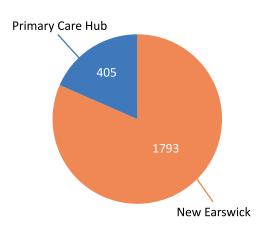
COMMUNITY DIAGNOSTIC CENTRE (CDC)

Service Appointments Spirometry 213 **Blood Appointments** 6,024 **TOTAL** 6,237



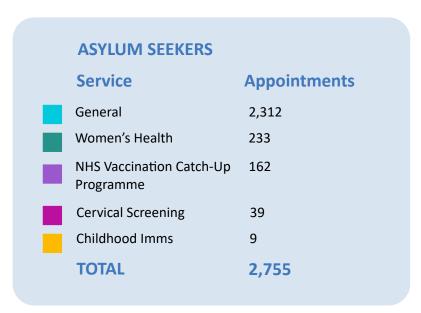
SAME DAY URGENT CARE

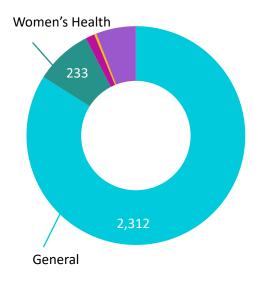
Location **Appointments New Earswick** 1,793 **Primary Care Hub** 405 **TOTAL** 2,198



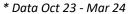
Note: Prior to April 2024 services from the CDC operated from Acomb Garth

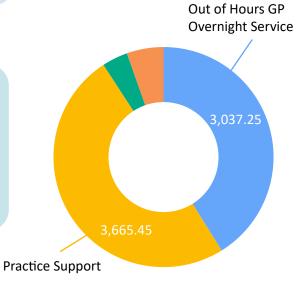
Our Services





Service	Hours
Out of Hours GP Overnight Service	3,037.25 *
Practice Support	3,665.45
Protected Learning Time (PLT)	280
Ward 29	398.5





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How we did it together

Our Services

York Integrated Community Team

Services *

Frailty Hub

In Reach

Urgent Care Responders

York Integrated Community Team

Impact

1,150 contacts

98 hospital discharges

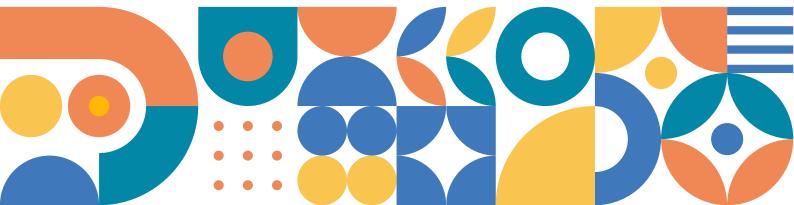
948 visits

• 10,381 telephone calls

• 5,274 clinical visits

• 441 patients helped with crisis care

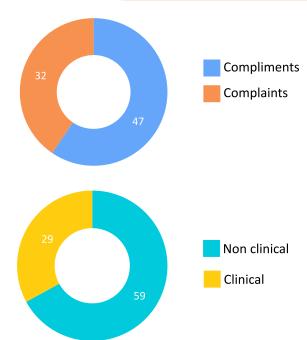
• 4,692 health care visits

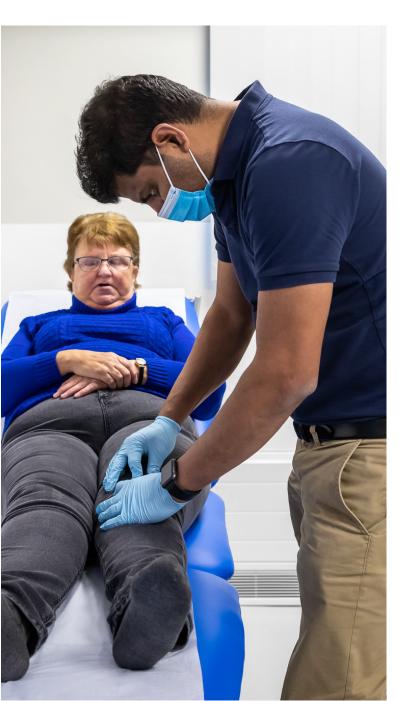


^{*}Data from July 2023

How we did it together Results







Compliments

Cervical Screening

"The nurse who did my smear test tonight was super polite and explained everything very well to me before she did the smear test. She was very caring, make sure I am comfortable, gentle and kept reassuring me the test would be fine.

Her service was spectacular and I felt very safe and calm for her helping me to do the test. I would like to appreciate her for her kindness, professional and friendly attitude. She was probably the best nurse and the best GP experience I have ever had!

So thank you so much, you made my day!"

November 10, 2024

York Integrated Community Team

"Tracey was very professional and knowledgeable. She was an excellent listener very thorough in getting my mum's medical situation. She gave targeted and valuable advice about my mum's health/lifestyle."

January 3, 2024

Education by Nimbuscare

"Thank you so much for your amazing support for our respiratory study day. We were delighted with the day and that's very much due to your professionalism and 'nothing is too much' attitude."

July, 2023

Frailty Team

"I count myself as being very fortunate to have had an appointment yesterday morning with the Frailty Team. What an amazing team you have. I cannot thank you enough for the time that I was given for my appointment. Never once did I feel rushed to explain my situation. The most amazing and important thing to me, was, I was listened to. I am 68 years old and have never, ever been listened to as I was yesterday morning.
Once again, thank you."

February 24, 2024



Education by Nimbuscare



Ellie HolmesHead of Corporate Affairs and Events

April 2023, Education by Nimbuscare, was created to support in-house learning and development and to also support Health Care Professionals (HCP's) from our Member Practices, across the Vale of York and beyond.

One of the very first events facilitated was a symposium which focused on integrated healthcare. Keynote speakers included Professor Claire Fuller and Professor Dame Clare Gerada with delegates attending from the York and Healthcare Partnership including Rachael Maskell, MP, and Susan Symington, Chair of the Humber and North Yorkshire ICS.

System wide learning has allowed healthcare professionals to collaborate and share good practice ultimately benefiting patients and their healthcare outcomes. Not only do HCPs receive updates regarding therapy areas such as cardiovascular and diabetes they also acknowledge other important factors which impact delivery of care such as access and health inequality challenges.

Nimbuscare has worked with the ICB regarding the delivery of large-scale events as well as working independently with healthcare professionals and specialists York & Scarborough Teaching Hospitals NHSFT, St Leonards Hospice, Hull University Teaching Hospital and the Community. Cross sector working has proven so valuable in building relationships and ensuring we are all addressing challenges and developments in healthcare jointly.

The well-being of our team is extremely important, we recognise the need for 'time out' and what an escape from the office can bring . In response to this we support with the organisation and facilitation of Away Days and Team Building opportunities to help morale and thank our workforce for their contribution to the organisation.

Events are delivered with sustainable considerations, the support and guidance from our Sustainability Lead Dr. Rumina Önaç has been very much appreciated and where possible we have implemented our green goals into all our events.



Education by Nimbuscare











Connecting with our Patients

PPG Overview

In October 2023 we reached out to Member Practices asking for support to help Nimbuscare connect with their Patient Participation Groups (PPG's).

We were aware that there was still a lot that patients did not understand about Nimbuscare – we were very well known for delivering Covid vaccinations however many of our other services were unfamiliar to patients and the idea that Nimbuscare was seen as a 'private profit-making organisation' was considered by some.

We wanted to engage with patients, listen and connect with them and provide a point of contact at Nimbuscare where two way communication could be established. We wanted to raise awareness of the Organisation - what Nimbuscare was (and what it wasn't) this would hopefully dispel a few myths and be the start of a positive meaningful partnership.





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Connecting with our patients

To date five PPGs and been visited with the following actions taken away:

- To facilitate a large-scale event where multiple PPGs can connect across the locality.
- To produce easy to understand literature outlining all Nimbuscare Services how to access, eligibility, etc.
- 'Reception Pack' for reception teams at Member Practices.
- To support Member Practices with promotional material for websites, social networking platforms, waiting rooms screens, etc...

Attending PPGs has been really valuable, we recognise how important this relationship could be with service development and look forward to developing it further.





Our Workforce



Vic Barton
Associate Director of Human Resources

Over the past 12 months at Nimbuscare, our workforce has expanded greatly; we appointed Emma Bravery as Chief Operating Officer in April 2023. Emma has brought a breadth of experience to the team and has been a great leader following the retirement of Maddy Ruff our former CEO. In addition, we also welcomed the York Integrated Community Team (YICT) in July 2023. YICT joined Nimbuscare from our Member Practice, Priory Medical Group. Here our workforce doubled, and Nimbuscare became involved in Frailty and Community based care.

Two clinical Managers / Educators were appointed to support our bank workforce and to help develop clinical skills, which in turn supports improvements within the clinical services we deliver.

We developed a Health and Wellbeing Team led by myself as Wellbeing Guardian, and appointed two new fully trained Wellbeing Champions to join our existing Wellbeing Champion. The Champions work in a variety of roles within different teams at Nimbuscare. They promote, identify and

signpost ways to support the wellbeing of their colleagues.

We were delighted to appoint our first apprentice who joined the team in Corporate Affairs, as well as supporting a number of work experience and student nurse placements.

Meg McGonagle was successfully appointed into our first Poverty and Health Inequalities Champion role, this supports the work that Nimbuscare have been involved in with the York Poverty Truth Commission and helps colleagues consider inequalities in health as well as aids discussions on how Nimbuscare could look to support.

In 2023 we also said goodbye to Dr. David Hartley who retired from a lifelong career in the NHS, and Michelle Phillips who relocated to pastures new.





Our Workforce

Nimbuscare became a Level 1 Disability Confident Employer and we continue to work towards our commitments to employ more disabled staff, and support disabled staff to work, develop and progress. As well as supporting existing staff with reasonable adjustments where necessary.

Nimbuscare achieved the bronze award as part of the Green Impact for Health Award through the great initiatives led by our Sustainability Lead Dr. Rumina Önac.

Blister Pack Recycling







Community Care Centre

Acomb Garth



Hours accessed by Charities / Organisations in the Community Cafe

970 hours



100% of users agree or strongly agree that being based at Acomb Garth has been beneficial for their service or group.



93% of Acomb Garth's users ranked their overall experience at the Community Care Centre as 8/10 or higher.

"Good Facilities and Patient Access."

"Very Happy here."

"With being a small charity, being able to use the space for free really helps us.
Staff are very helpful."

"Great Space and lovely welcoming staff. Thank you."



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Community Care Centre

Acomb Garth



Acomb Garth's Community Café is a great local venue to host support groups in the heart of Acomb. It is easily accessible from York, City Centre. The space is a perfect size, comfortable, clean and tidy and the windows allow in plenty of light. The bonus is having access to the lovely kitchen area. The staff are welcoming and helpful and nothing is too much trouble".

Sam Sollitt, York Carers Centre

Having the use of the Community Cafe for my Menopause Cafe's has been great. It is a lovely airy space. On nice days we can use the outside area and it provides a safe, confidential setting for the attendees. I only hope that sometimes the chatter and laughter isn't too loud!! I can't thank Nimbus enough for allowing me to use their facilities, for what I know my ladies find a valuable resource and form of menopause support.

Kirsty Dixon, Menopause Café

The community café at Acomb Garth is a really useful space for Chat Adoption York because it provides us with a safe, confidential and private space to meet up. We are really appreciative to Nimbuscare for the free use of this room and it means that our group can be sustainable and continue to grow. Thank you also for the provision of drinks, it's a really inviting and kind gesture. Thank you Nimbuscare!

Shamim Eimaan, Eimaan Culture and Community Services CIC

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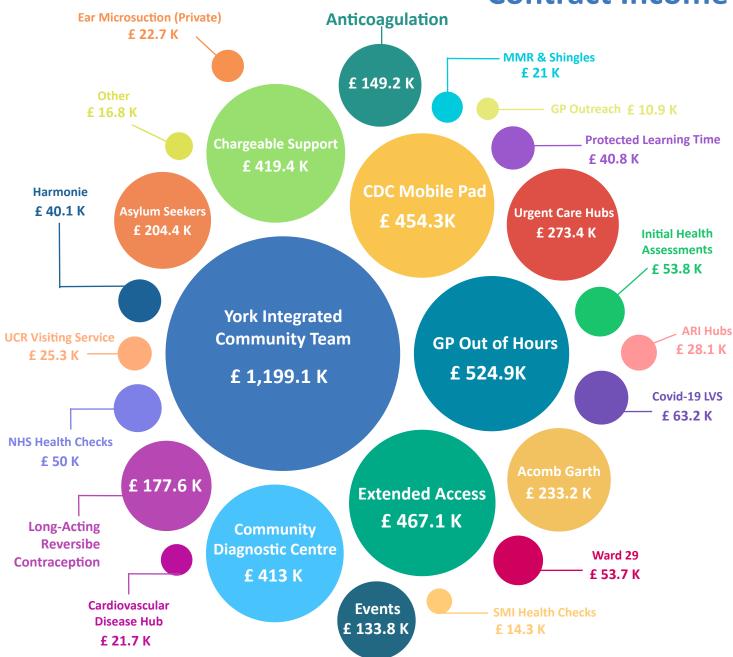
Community Diagnostic Centre

Askham Bar

Work was undertaken throughout 2023/24 to make changes to Askham Bar, in preparation for the new Community Diagnostic Centre. This service is scheduled to open in Spring 2024. Another great example of joined up working through collaboration with colleagues at York and Scarborough Teaching Hospitals NHS Foundation Trust.



Contract Income



Giving Back

In 2023/24 we were involved in exciting events across the City:

September 2023

York's First Health Mela

The objective of the Health Mela was to raise awareness regarding access to health information and to help tackle health inequalities in the city. It was also an opportunity to showcase local talent; to share music and dancing from various cultures, to give communities the chance to be involved, to empower them to take better care of their health and wellbeing, to build their confidence, integrate, network and help everyone feel valued.

Nimbuscare joined healthcare and system colleagues in supporting this event to acknowledge and improve healthcare needs in underrepresented groups. Various members of the team attended, both clinical and non-clinical, and assisted visitors with their questions.

We promoted the following areas:

- Women's Healthcare
- Navigating Healthcare Services
- Health Checks
- Supporting Asylum Seekers

We worked with Language is Everything in providing a range of promotional materials available in various languages.

Over 3,000 visitors attended. There was a delicious variety of food, and various acts keeping people entertained throughout the day. It was a pleasure to work with Shamim Eimaan, Project Manager, Eimaan Culture and Community Services and the team in delivering Yorks first Health Mela.



"Make it bigger and better next year" Lord Mayor of York

> "Outstanding event" Rachael Maskell York Central MP

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Giving back

Asylum Seeker Community

Nimbuscare works to provide healthcare support to many asylum seekers in York. Over the past year our wonderful team have gone the extra mile on many occasions. In June 2023 Nimbuscare supported families with bike maintenance. A team of volunteers, and their families, donated children's and adult bikes and supported repair work of those bicycles already owned. The initiative came from Paul Mackay, service lead at Nimbuscare.

Community Projects: York Hygiene Bank

In 2023/24 Nimbuscare began hosting a drop off point for the charitable organisation, York Hygiene Bank.

This organisation recognises hygiene poverty. The team at Nimbuscare frequently donate shampoos and deodorants to give people access to basics they may need.











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A word from our practices

Nimbuscare has helped mature a truly collaborative approach to primary care in York. We share learning and develop alongside one another, giving our patients the best possible care provision that we can provide.

Nicole Zannikos General Manager York WONE PCN Manager

We feel lucky to have the support of the wider Nimbuscare team. Not only do they provide our patients with a wide range of services locally, but they help to provide clinical cover at our practice should we ever require it. There have been days when they have really gone above and beyond and got us through the day and for that we are very grateful. Keep up the good work!

Andrea OSMP





Thank you

Our Member Practices

Dalton Terrace
Elvington Medical Practice
Front Street Surgery
Haxby Group
Jorvik Gillygate Practice
My Health
Old School Medical Practice
Pocklington Medical Group
Priory Medical Group
Unity Health
York Medical Group

Working Partners

AJT Property Services
Community Infection Prevention and
Control, Harrogate and District NHS
Foundation Trust
City of York Council
City Health Care Partnership
CVS (York)
Eboracum
Humber & NY ICB
John Wrights Electrical
Language is Everything
NHS Property Services
Novotel, York
O'Neills

Parsons
Portakabin
Poverty & Truth Commission
Regus
Shared Agenda
Sparq
St Leonards Hospice
York & Scarborough Teaching
Hospitals NHS Foundation Trust
York Racecourse

Community Groups

ACCET
Alzheimer Society
Brain Health Café
Co-Housing
Dementia Forward
DWP
Menopause Café
Survive Counsellor Pilot
TEWV MH Team
The Island
Wheelchair Social Group
York Cocaine Anonymous
York Carers Group
York in Recovery





Bank: NatWest Bank, 1 Market St, York YO1 8SR

Accountant: Parsons Chartered Accountants No. 2 Silkwood Office Park, Fryers Way Wakefield, West Yorkshire WF5 9TJ

Solicitors: Clarion Solicitors Ltd Elizabeth House, 13-19 Queen Street, Leeds LS1 2TW









nimbuscare.co.uk

Nimbuscare Limited Head Office Acomb Garth Community Care Centre, 2 Oak Rise, York YO24 4LJ

